# READING ENGLISH LITERATURE THROUGH THE LENS OF INDIAN AESTHETICS<sup>1</sup>

### Susheel Kumar Sharma.

Professor of English,
University of Allahabad, Prayagraj-211002
Allahabad, India
sksharma@allduniv.ac.in
https://orcid.org/0000-0002 -2220-072X

### Richa Biswal.

Assistant Professor of English, Maharaja Purna Chandra Autonomous College, Baripada-757003, Mayurbhanj, Odisha richabiswal123@gmail.com

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#### **Abstract**

English Studies in India are highly derivative as are other domains of knowledge in modern Indian universities. In the Postcolonial discourse, replacing colonial knowledge with indigenous knowledge is an important act/tool to overthrow the colonial hegemony. Given this, to decolonise English Studies, Indian scholars must look at their own roots and native aesthetics. Indian Aesthetics is quite rich and ancient Indian theoreticians have thought over different aspects of a literary text. Bharata's Natya Shastra (date estimates vary between 500 BCE and 500 CE) contains Rasa Siddhanta. Besides, this there are five other indigenous schools of aesthetics viz. Alankara-sampradaya (Bhamaha, 6th cen), Riti-sampradaya (Vamana,  $8^{th} - 9^{th}$  AD), Dhvani-sampradaya (Anandvardhan,  $9^{th}$  century), Vakrokti-sampradaya (Kuntaka,  $10^{th} - 11^{th}$  century), and Auchitya-sampradaya (Kshemendra,  $10^{th} - 11^{th}$  century). All of them can be used to analyse a literary text irrespective of its language identity. Sometimes even better results are in its application as new interpretations emerge and a more intense textual analysis is done. T S Eliot, for example, made use of Rasa Theory in enunciating the concept of Objective Correlative and found Shakespeare's Hamlet an artistic failure. The paper will demonstrate the use of Indian Aesthetics in analysing John Donne's poetry.

Key words: Bharata, decolonise, Indian Aesthetics, John Donne, Natya Shastra, Shringar.

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## Introduction

The following Bollywood song is very apt to describe the relationship between the colonizer and the colonised. It also describes the state of English Studies in India:

Movie: SAFAR (1970) Jo tumako ho pasnd wahi baat kahenge जो तुमको हो पसंद वहीं बात कहेंगे	Lyricist: Indeevar, Singer: Mukesh, Music: Kalyanji Anandji Performers: Firoz Khan, Sharmila Tagore	
जो तुमको हो पसंद, वही बात करेंगे	We'll speak whatever you like	
तुम ददन को अगर रात कहो, रात कहेंगे जो तुमको	If you describe day as night, we will call it night.	
चाहेंगे, ननभाएंगे, सराहेंगेआप ही को	We'll like, follow, and appreciate you and you only	
आँखों मेंदम हैजब तक, देखेंगेआप ही को	As long as there is strength in my eyes, I'l look at you only	
अपनी जुबान सेआपकेजज़बात कहेंगे	I will express only your feelings in my words	
तुम ददन को अगर रात कहो, रात कहेंगे	If you call a day as night, we will call it night.	
जो तुमको हो पसंद	We'll speak only what you like.	
देतेन आप साथ तो मर जातेहम कभी क	Had you not supported us, we would have died by now.	
पूरेहुए हैंआप से, अरमान ज़ज़ंदगी क	The desires of life have been fulfilled by you	
हम ज़ज़ंदगी को आपकी सौगात कहेंग	This life of mine is your gift.	
तुम ददन को अगर रात कहो, रात कहेंग	If you call a day as night, we will call it night.	
जो तुमको हो पसंद	We'll speak whatever you like.	
जो तुमको हो पसंद	(Rough translation by: Susheel Kumar Sharma)	

# **The Postcolonial Argument**

In The Wretched of the Earth, Frantz Fanon states: "[D]ecolonization is quite simply the substitution of one "species" of mankind by another. ... Decolonization ... implies the urgent need to thoroughly challenge the colonial situation." (1-2, emphasis added) He says so for he holds, "Imperialism ... sows seeds of decay here and there that must be mercilessly rooted out from our land and from our minds."

Fanon further writes:

Decolonization never goes unnoticed, for it focuses on and fundamentally alters being, and transforms the spectator crushed to a nonessential state into a privileged actor. It infuses a new rhythm, specific to a new generation of men, with a new language and a new humanity. Decolonization is truly the creation of new men (Fanon 2004).

The summum bonum of Fanon's argument is that long after independence, many previously colonised nations remain chained by the same chains that colonised them. There is, therefore, a need to rediscover one's most intimate self and rid oneself of the mental attitudes, complexes, and habits that colonization has trapped one in for centuries.

Makarand Paranjape, in his article "Decolonizing English Studies: Attaining Swaraj?" states that decolonisation is nothing, but changing the mindset of the culture-determining group. He further says that the elites of India think that recognition comes only to those endorsed by the west. And they think if one wishes to be famous one needs to publish one's works by Oxford University Press or Cambridge University Press. Paranjape says:

We are dealing with the diseased mind and as a process of decolonization, we need to study our peers. One cannot be free if one chooses the methods imported from the colonizers. Indian intellectuals lack self-confidence and their self-contempt is so great that they can not recognize each other. Nobody wants to read Indian critics; they want to read the latest from the west. This proves that something is wrong with the Indian mindset and the need of the hour is to recognize each other, read and cite each other's work, and teach each other, which is the major part of the decolonization process (Makarand Paranjape).

Bill Ashcroft, Griffith, and Tiffin posit that "Decolonization is the process of revealing and dismantling colonialist power in all its forms. This includes dismantling the hidden aspects of those institutional and cultural forces that had maintained the colonialist power and that remain even after political independence is achieved" (Ashcroft, Griffith, Tiffin 2000). One major example of such hidden aspects revolves around the colonial theories of interpretation in the literature departments in the post-colonial times. This paradigm of literary studies reiterates the colonial and neo-colonial hegemony in an independent country. English studies in India are a remanet of British Imperialism.

A coloniser engages culture (language, tradition, ritual, politics, economics) to create and maintain unequal social and economic relationships among social groups. Cultural imperialism/ colonialism often uses wealth, media power, and violence to implement the system of cultural hegemony that legitimizes imperialism. In Marxist philosophy, the coloniser's worldview becomes the accepted cultural norm as the cultural hegemony (the beliefs, explanations, perceptions, values, and more) is accepted by the colonised. (Bullock 1999, 387–88) Antonio Gramsci suggests that "the war of position" has to be waged to overcome intellectual and cultural hegemony. War of position is a slow, hidden conflict, where forces seek to gain influence and power. The war of position to Gramsci is the struggle to gain positions of influence that can develop counter-hegemony; it is the decisive struggle in establishing any kind of struggle. (Bates 1975, 351–366) Sara Suleri in The Rhetoric of English India states that the prime objective of post-colonial literature is to assert the cultural supremacy of the once colonized nations by rejecting colonial hegemony in all its manifestations.

Thomas Babington Macaulay in his *Minute slights Indian culture and knowledge systems* ("... we shall countenance, at the public expense, medical doctrines which would disgrace an English farrier, astronomy which would move laughter in girls at an English boarding school, history abounding with kings thirty feet high and reigns thirty thousand years long, and geography made of seas of treacle and seas of butter" (Macaulay 1861, 723) before enunciating his argument in favour of English education which was started in India to control the Indian masses culturally, socially and politically. It began to colonise the mind by forcing the people to internalise the colonizers' logic, language, values and assumptions. Rajeshwari Sunder Rajan holds that in India the legacy of the English language and literature as 'a form of continuing cultural imperialism' is still maintained by the education system. According to her point of view, "The official introduction of English in Indian higher education was preceded by the complex history of its consolidation as a recognizable body of knowledge and as a collection of texts in the eighteenth and early nineteenth centuries."

English Literary Studies were introduced to serve the imperialist agenda to erode Indian classical literature. It was targeted to fashion a class of officials who ran after the imperial administration. In recent years, in post-colonial societies, the hegemony of English literature has been resisted as a carrier of "cultural imperialism". The institutionalization of English in India is a by-product of the operation of British cultural imperialism/hegemony (Bhattacharyya 2011).

Krishna Chandra Bhattacharyya in the paper "Svaraj in Ideas" describes Indian intelligentsia as shadow minds. He writes: "The shadow mind that was mentioned by Plato in his Republic, where somebody is chained in a cave and everything that person sees is distorted. Similarly, Indian intelligentsia is afflicted with the shadow mind, which destroys its capacity for meaningful thinking and action" (Bhattacharyya 2011, 103–111). N. Gilroy-Scott in his article "Text, Authenticity, and Motivation" states that it is difficult for students to relate to an alien literature until they are kept away from their own. He is of the view that the study of English separates the student from his roots which creates a negative effect on his self-esteem and motivation and the solution to this problem is to 'back to your roots' movement (Gilroy-Scott 1993). N. Krishnaswamy and A. S. Burde in their book Politics of Indians' English are of the view that the Englisheducated urban elite have become the colonizers though they were the colonized under the British rulers. Even today, the departments of English continue to be the colonies of British literature (Krishnaswamy, Burde 1998).

In *Beautiful Tree*, Dharampal writes how the Indian system of education was destroyed by the British: "The British administrators when they came to India, instead of taking hold of things as they were, began to root them out. They scratched the soil and began to look at the root, and left the root like that and the beautiful tree perished" (Dharampal). Even after fifty years of political independence, very little has been done to change the situation created by the British because India came about as the result of colonialism as well as anti-colonialism. But more importantly it came about by replacing the British. The British colonizers wore English education as a mask to establish their empire though during the struggle for independence, local elites used English as a tool against the colonizers (Kachru 1992, 7). Gauri Viswanathan's Masks of Conquests is about the introduction, institution, practice, objectives and ideology of English studies introduced in India under British colonial rule. One of the imperial objectives to start English studies in India was to impart Christian values to the Indians through literature as is clear from Macaulay's letter dated October 12, 1836, to his father.

## **Decolonising English Studies through Indian Aesthetics**

In his essay "Decolonizing the Mind", Avdhesh Kumar Singh laments the colonized mindset and says that decolonization of the mind has eventually to take place. According to him, the worst example of this mentality can be seen in the course content of literary criticism from Aristotle to Derrida. He says one can find the Greek, Roman, English, German, Russian, French and American critics but there is hardly any space for Indian Poeticians in the paper. He adds that this shows the lack of self-respect for our tradition (Singh). K. G. Srivastava is of the view that though western poetics is rich in philosophical discourse it can never match the varieties of Indian poetics and the doctrines of Indian Poetics are also valid for western works of literature. They are not only meant for Indian works and by applying these theories justice could be done. The knowledge of Indian poetics helps in clarifying the true meaning of the poetry (Srivastava 2011, 31–32). According to him:

This is an age of globalisation and the true spirit of globalisation consists in bringing all kinds of literature of the world on a common platform without any kind of prejudice or favour in the most objective manner. If the east in its pride refuses to accept healthy concepts of the west, it would remain poorer. Similarly, if the west in its arrogance refuses the gifts from India in the form of critical terms unknown to its tradition, it would be liable to be charged with self-conceitedness. The healthiest attitude would be that of give and take, fellow feeling and mutual respect - all in the name of enlarging human vision and understanding.

The origin of Indian culture and philosophy marks the beginning of literary criticism in India. Indian poetic theory bears evidence of the impact of rich, cultural, philosophical and religious heritage on Sanskrit literature. The theory of beauty is not only confined to literary forms of Poetry, Literature and Drama but is also applicable to other arts like music, dance, painting, and sculpture. A. K. Coomaraswamy, the eminent Indologist and art critic, vouchsafes that the theory is capable of considerable extension even to the other Indian arts like painting. He points out:

Indeed, this theory is mainly developed in connection with poetry, drama, dancing and music, but it is immediately applicable to art of all kinds, much of its terminology employs the concept of colour and we have evidence that the theory is also in fact applied to painting (Coomaraswamy 1956, 46).

There are six major schools of literary theory in Indian Aesthetics: Rasa, Alamkara, Riti, Vakrokti, Auchitya and Dhvani- corresponding roughly to the western theory of Pleasure, Rhetoric/Figures of speech, Style/ Theory of Form, Oblique poetry, Propriety and Suggestion.

Six schools of thought (SAMPRADAYAS)	Founded by	Main texts	Other Main Acharyas	Correspond ing school
Rasa-sampradaya	Bharata (dated to	Natya Sastra	Dhananjay (10th	Pleasure
	between 200 BCE		cen) Dasrupak	
	and 200 CE, but		Abhinav Gupt	
	estimates vary		(11th cen) Abinav	

	between 500 BCE and 500 CE) Cf. Aristotle (384– 322 BC)		Bharati Vishwanath (14 <sup>th</sup> cen) sahitydarpan Rupa Goswami (16 <sup>th</sup> cen) Haribhakti rasamritsindhu	
Alankara- sampradaya	Bhamaha 6 <sup>th</sup> cen	Kavyalankara	Dandin, 7 <sup>th</sup> cen Kavyadarsha Udbhat (9 <sup>th</sup> cen) kavyalankarsar sangrah Rudrat (9 <sup>th</sup> cen) kavyalankar	Rhetoric / Figures of Speech
Riti-sampradaya	Vamana, 8 <sup>th</sup> – 9 <sup>th</sup> AD	Kavyalankara Sutravritti		Style
Dhvani-sampraday	Anandvardhan, 9 <sup>th</sup> century,	Dhavnyaloka Kavyaprakash	Abhinavagupta (11 <sup>th</sup> cen) Abhinavabharati Dhvanyaloklochan Jaggannatha (17 <sup>th</sup> cen) Rasagangadhar	Suggestion
Vakrokti- sampradaya	Kuntaka, 10 <sup>th</sup> – 11 <sup>th</sup> century	Vakroktijivitam		Oblique poetry
Auchitya- sampradaya	Kshemendra, 10 <sup>th</sup> – 11 <sup>th</sup> century	Auchityavicharc harcha		Propriety

The earliest distinct speculations on the nature of art and its purpose are set forth by Bharata in the Natyasastra, in connection with art and dance. The importance of Natyasastra can be understood from the fact that it is generally described as the fifth Veda (Panchama Veda) — Natyaveda. It was created for people's enjoyment with elements taken from Rigveda, songs from Samaveda, acting from Yajurveda and rasa from Atharvaveda. Bharata, the oldest known exponent of the dramaturgic Rasa accorded supreme importance to rasa. He synthesized the concept of poetry and the concept of drama by combining theology, philosophy and criticism.

The present article is an attempt to prove that Sanskrit poetics is a good tool for the analysis of poetry, of any language including English, as an artifact in order to deconstruct and construct the verbal icon and the meaning. The analysis of the poems by using the tools of Sanskrit poetics brings out the nuances of the verbal icon and assists in a better understanding of the poem. The coupling of modern criticism with Sanskrit criticism enriches the literary analysis of a particular text. By invoking the literary theories of the hoary past the vital India can be recovered and it will also help to mediate between the east and west. We propose to discuss the Metaphysical Poet, John Donne (1572–1631), to prove our argument. John Donne has been praised for his originality, fusion of thoughts and passion, colloquialism, wit, brevity, obscurity, three strains of love and Metaphysical Conceits. Let us take up all these in the light of Indian Aesthetics.

## Theory of Rasa (rasa-siddhānta)

Rasa, according to Bharata, is the product of the combination of the vibhāvas, vyabhicārībhāvas. anubhāvas and the He defines vibhāvānubhāvavvabhicārisamvogād rasanispattih (Nātvaśāstra). That means, savouring of the emotion is possible through the combination or integration of these elements: vibhāva (causes and determinants of the rise of an emotion) anubhāva (gestures expressive of what is going on in the heart or the mind of main characters, like casting a terrified glance, heaving a sigh or involuntarily shedding a tear) and vyabhicārībhāvas (transitory emotions which go along with and consequently reinforce prevailing mood or emotional disposition). According to him, the bhavas like rati, etc. are associated with general guņas and therefore they generate rasa (Ebhyaśca sāmānyaguṇayogena rasā nispadyante). The doctrine of rasa is originally formulated by Bharata in the sixth and seventh chapters of his Nātyaśāstra and rests on the following assumptions:

- (1) Emotions are manifested in poetry, as in the life by a combination of situational factors.
  - (2) There are a specific number of emotions.
- (3) Some of them are permanent, irreducible mental states while others are fugitive and dependent. But the permanent ones alone can be developed into aesthetic moods or rasas.
- (4) A poetic composition is an organization of various feeling tones but it invariably subordinates the weaker tones to a dominant impression.
- (5) Feeling tones are brought together in a poem, not indiscriminately, but according to logic of congruity and propriety.

In his famous rasa-sūtra, Bharata explains how emotions are expressed in poetry: 'Emotions in poetry come to be expressed through the conjunction of their causes and symptoms, and other feelings which accompany the emotions' (Nāṭyaśāstra VI-31).

Here Bharata stipulates three necessary conditions that must be present together for an emotion to become manifested:

- 1. That which generates the emotion called vibhāva, which includes ālambana and uddīpana:
- a. The object to which the emotion is directed, i.e. the intentional object (ālambana vibhāva), e.g. heroes and heroines.
- b. The causes and circumstances that excite the emotion (uddīpana-vibhāva), e.g. youth, privacy, moonlight.
- 2. The overt expressions (actions and gestures) that exhibit the emotion, called anubh $\bar{a}$ va, e.g. tears, laughter, etc.
- 3. Other ancillary feelings such as depression, elevation, and agitation, normally accompany that emotion.

Bharata, the founder of the theory, lists as many as forty-nine emotional states or bhāvas, of which eight are primary or durable states (sthāyins), with their corresponding rasas or aesthetic moods, thirty-three transitory states (vyabhicārins), and eight involuntary expressions like tears, horripilation, trembling, etc. which are also thought to be the mental states although they appear as physical conditions. The eight basic emotions are: erotic-love, comic-laughter, grief, fury, heroic energy, fear, revulsion-disgust and wonder (Śṛṅgāra-hāsya -karuṇa-raudra-vīra-bhayānakāḥ / Bībhatsādbhutasanijñitāścetyaṣṭau nāṭye rasāḥ smṛṭāḥ, (Nāṭyaśāstra), though a later

theoretician, Bhatt Lollaṭa, clearly mentioned that the number of rasas could be innumerable. Out of these eight rasas śṛṅgāra and karuṇa have a special status. In addition to the traditional eight divisions, a few more sentiments have been accepted later by Ācāryas (especially in literature). They are: Śānta (peace or tranquility), bhakti (spiritual devotion), deśabhakti (patriotic devotional love), vātsalya (parental love) and preya, etc. Similarly, some more rasas, are also imagined, namely, brāhma-rasa, kārpaṇya-rasa, praśānta rasa etc. V. Raghavan holds that the number of rasas has been accepted up to twenty-three by different Ācāryas. Each rasa has its own presiding deity and is represented by a specific colour:

Sl.	Rasa (Sentiment)	Sthāyibhāva (Basic Sentiment)	Presiding Deity	Specific Colour
1.	Śṛṅgāra	Rati love, attractiveness	Viṣṇu	light green (śyāma)
2.	Hāsya	Hāsa laughter, mirth, comedy	Ganeśha	white /pramatha
3.	Raudra	Krodha fury	Rudra	Red
4.	Кагиṇа	Śoka compassion, tragedy	Yama	dove coloured/ grey
5.	Bībhatsa	Jugupsā disgust, aversion	Śiva	blue
6.	Bhayānaka	Bhaya horror, terror	Kāla	black
7.	Vīra	Utsāha heroic mood	Indra	wheatish brown
8.	Adbhuta	Vismaya wonder, amazement	Brahmā	yellow
9.	Śānta	Śama peace or tranquillity	Viṣṇu, Puṣā	white, red
10.	Vātsalya	Apatya-rati parental love	Vāsudeva	slightly red

Each rasa has its own friendly rasa and opposite rasa:

Sl.	Rasa (Sentiment)	Mitra-rasa (Friendly Sentiment)	Śatru-rasa (Opposite Sentiment)
1.	Śṛṅgāra	Hāsya	Bībhatsa
2.	Hāsya	Śṛṅgāra	Karuṇa
3.	Raudra	Karuṇa	Adbhuta
4.	Кагиṇа	Raudra	Hāsya
5.	Vīra	Adbhuta	Bhayānaka
6.	Bhayānaka	Karuṇa	Vīra
7.	Adbhuta	Vīra	raudra
8.	Bībhatsa	Bhayānaka	Śṛṅgāra

Ābhāsa (a semblance of rasa): Ābhāsas are associated with rasa and bhāva and so are they called rasābhāsa and bhāvābhāsa. When the concerned emotions are delineated in respect of persons who are normally not regarded as appropriate objects of those emotions, we have rasābhāsas, take, for example, the situation where the nāyikā is in love with many persons simultaneously. Different rasas and sthāyis have their ābhāsas allied to concerned vibhāvas. It can also be said that when an emotion or feeling is delineated in persons not usually considered a repository of that emotion, we have rasābhāsas. Emotion like bashfulness depicted in a prostitute is an example of rasābhāsa.

In Bharata's school of Rasa (rasa-siddhānta) the utmost importance is given to the idea of rasa but also to bhāva and to the appreciative reader or spectator, i.e. sahṛdayas. Rasa in Indian poetics is accepted as the highest value of kāvya and is the essence of the soul of poetry. In his Kāvyamīmāmsā, Ācārya Rājaśekhara says: 'rasa ātmā'. That means rasa is the soul of poetry. Ācārya Viśvanātha holds that a vākya

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(maybe a sentence, a statement, or a composition) having rasa can only be called a kāvya: Vākyam rasātmkam kāvyam (Sāhitydarpaṇa 1. 3). Bharata's rasasūtra (axioms of rasa) is basically a doctrine of dramatic emotions and offers an analytical exposition of the logic behind them. The doctrine of rasa, as originally formulated by Bharata in the sixth and seventh chapters of the Nātyaśāstra, rests on certain assumptions. In Chapter Six he describes the method of the generation of rasa. Rasa is supposed to constitute art experience and the critic is capable of rasānubhava.

To understand how the Indian response can be different from the Western one when one uses Indian Aesthetics as a tool, let us take the example of John Donne who is a canonical poet and whose work has highly been eulogised both in the English-speaking world. The following literature survey is necessary to understand the Western approach and appreciation of the poet. In terms of Indian logic we know it as Purva Paksh of the issue.

John Donne is widely regarded as a poet of love largely based on the following poems: "Break of Day", "The Sunne Rising", "A Valediction Forbidding Mourning", "The Canonization", "The Extasie", "The Blossom", "The Flea", "The Good Morrow", "A Valediction of my Name, in the Window" and "Goe and Catche A Falling Stare", "Twicknam Garden", "The Funerall", "The Relique", "The Legacie", "The Anniversary", "A Valediction: of my Name, in the Window", "The Primrose, being at Montgomery Castle Upon the Hill, on which it is Situate", "Woman's Constancy", "The Indifferent", "Aire and Angels", "The Dreamer", and "The Apparition" published in his Songs and Sonnets after his death in 1663. It may also be noted that Donne has not described the physical beauty of the female persona in his poems unlike the Indian poets (like Jayasi and Vidyapati) who give a nakh-shikh varnan (aesthetic description from top to bottom of the heroines like Padmavati and Radha). Herbert John Clifford Grierson holds that Donne's love poetry is a complex phenomenon. Giving an allusion to Donne's originality as the poet of love, Grierson makes the following observation:

Donne's genius, temperament, and learning gave to his love poems certain qualities that immediately arrested attention and have given them ever since a power at once fascinating and disconcerting despite the faults of phrasing and harmony which, for a century after Dryden, obscured, and to some still out-weigh, their poetic worth. (Grierson 1921, Introduction, p. XVIII) Metaphysical lyrics & poems of the seventeenth century, Donne to Butler).

It is generally held that there are three distinct strains of love in Donne's poetry – Cynical, Conjugal and Platonic love. In the poems with cynical strain Donne's attitude towards women and their love and constancy is contempt and rejection. The strain of conjugal love is noticed in poems like "Valediction: Forbidding Mourning", addressed to his wife Anne Moore whom he loved passionately, and in his relationship with her he is said to have attained spiritual peace and serenity. The Platonic strain of love is there in poems like "The Canonization" in which love is treated as a holy passion, not different from the love of a devotee for his Maker. Grierson makes the following observation regarding Donne's love poetry:

... Donne's treatment of love is entirely unconventional except when he chooses to dally half ironically with the convention of Petrarchian [sic] adoration. His songs are the expression in unconventional, witty language of all

the moods of a lover that experience and imagination have taught him to understand — sensuality aerated by a brilliant wit; fascination and scornful anger inextricably blended, ... the passionate joy of mutual and contended love, ... the sorrow of parting which is the shadow of such joy; the gentler pathos of temporary separation in married life and the mystical heights and mystical depths of love ... (Grierson 1921, Introduction, pp. XIX-XX) Metaphysical lyrics & poems of the seventeenth century, Donne to Butler).

Grierson cites lines from the poems like "The Apparition", "The Anniversary", "Sweetest Love, I Do Not Goe" and "A Nocturnal upon St. Lucy's Day" to prove his point.

George Saintsbury states that the psychological variety of Donne's love poetry has made him an accomplished poetical artist. Donne, in his love poetry, focuses on the infinite quality of passion as well as on the relapses and reactions arising from passion. Saintsbury mentions that in the love poems of Donne, love acts as a force to Donne which quickens his mind and opens new vistas of thoughts making his soul intensely alive (Saintsbury 1979, 13–22). C. S. Lewis traces three levels of sentiment in the love poems of John Donne: Lowest, Middle and Highest. At the lowest level imagination as well as the nervous system of the reader is affected. On the highest level, he describes the poems of virtuous love. Between these two extremes, lies the third or the middle level in which most of the love poems of Donne are categorized. In this level, the medieval tradition in which love is treated as god and the lovers his clergies is continued. In Lewis' opinion, Donne's love poems are based on the following five themes: i) on the sorrow of parting and death ii) on the miseries of secrecy iii) on the falseness of the mistress, iv) on the contempt for love and v) on the fickleness of Donne himself. Lewis writes that Donne's love poems of separation are as good as his love poems of union. According to Lewis, the merit of Donne's love poetry is that he writes in a chaos of violent and transitory passions. He says Donne's love poetry is not simple as it is complex and intellectual. Lewis suggests that Donne's love of poetry is less true than that of the Petrarchan because he omits the most important issues according to his own will. Donne's love poetry is parasitic as his love poems cannot exist without analysing the love poetry of other poets. Lewis says that love poetry is 'Hamlet without the prince'. (Lewis 1979, 90–99), Helen Gardner states that Donne's range of mood and experience in his love poetry is greater than any other non-dramatic writer. Each and every mood of man and woman in love is expressed vehemently in the love poetry of Donne. The poems that Donne wrote on the theme of mutual love are charged with a tone of conviction and expressed with a natural force of language. Donne's love poetry has a compact imagination. Donne's love poetry does not contain a brooding tone of memory or a poignant note of hope. The love poems of Donne, in which the mutual identification of the lovers is lost, have been rated high by critics. In the words of Helen Gardner, the poems of Donne in which 'Thou' and 'I' are merged into 'We', are Donne's most original and profound contribution to the poetry of human love (Gardner 1979, xvii-xxx). Achsah Guibbory says that Donne's love poems are as fresh and immediate as they were written today. He is of the view that Donne's love poetry consists of those poems that are marked by an energetic wit (Guibbory 2006, 133–148).

According to Joan Bennet, Donne's love poetry is not about the difference between marriage and adultery, but between love and lust. He says the sentiment of Donne's love poems is easier to describe than its manner, meaning Donne's poems are

not about lust or desire but about intellectual love. Bennet considers that the greatness of Donne's love poetry is due to his experience of the passion that ranges from the lowest to the highest reaches. (Bennet 1967, 92–93) Joan Bennet has discussed the interrelationship between Donne's personal experiences and his love poems. He says that by reading John Donne's biography and love poems, it can be confirmed that he had scorned, hated, loved, and worshipped. Donne had experienced all phases of love: platonic, sensuous, serene, cynical, conjugal, and illicit. Joan Bennet considers that love is an ideal thing found in some of the best lines of Donne's love poetry. His search was for an eternal love that triumphs over temporal love. Donne's love poetry shows that as a man, he has felt almost everything about a woman i.e. scorn, self-contempt, anguish, sensual delight and the peace and security of mutual love (Bennet 1967, 85–104). For Louis Martz, human love dominated by change and death is the basic theme of Donne's love poetry (Martz 1968, 169). In J. E. V. Croft's opinion, every word in Donne's love poetry is resonant with his voice and every line seems to bear the stamp of his peculiar personality (Crofts 1979, 14).

According to David Naugle, for Donne, love was the most important subject of his poetry. In his early poetry he talks about the love of women, in his middle poetry he talks about the love of his wife and in his later poetry he talks about the love of God. He says Donne was not a philosopher of eroticism; rather he was a psychological poet who philosophized about love (dbu.edu). According to Ian Mackean, Donne's love poetry expresses a wide variety of emotions and attitudes. Donne's love poems contain strong emotion and they are extraordinarily witty and ingenious. In Donne's love poetry, love is not treated as a physical concept rather it is a record of his intensely passionate and frustrated experiences (Isj.org). Catherine Blesey says that in the love poems of John Donne desire is not only boundless, unrestrained and urgent, but it is also formulated in a series of imperatives (Blesey 2002, 217–232).

The Indian counterparts of Donne's critics also delve into the issues raised by their Western counterparts. For example, Naresh Chandra classifies Donne's love poems into three categories. The first is based on false erotic idealism, second on personal experience and third on the display of wit. Chandra says, in his serious and sincere love poetry, Donne believed that love between two persons is pre-ordained. According to him there are four stages in the growth of love in Donne's love poetry:

- 1. Pre-natal stages i.e. love between two souls before they manifest themselves in fleshly bodies. Examples can be seen in the poems The Good Morrow, The Sunne Rising, and Break of Daye.
- 2. Love between two embodied souls, found in the poems The Canonization, Loves Growth, The Extasie, and Lovers Infiniteness.
- 3. Growth of love after the union of ecstatic experiences as in The Dampe, Woman Constancy, The Undertaking, The Legacie, Confined Love, The Dreame, The Baite, Loves Diete.
- 4. Love between the souls beyond the gates of death. He is of the view that there is always a thought of death in Donne's love poetry. For him separation from his beloved is equal to death. For instance, A Valediction: of Booke, A Valediction: of Weeping, A Valediction: Forbidding Mourning, and A Valediction: of My Name (Chandra 1991, 92–137).

Rina Ramdev holds that Donne's love poetry is different from traditional love poetry because Donne's love lyrics are independent of his beloved's charms (Ramdev 2002, 181–197). For Z A Usmani, Donne's love poetry has multifaceted images of the

beloved, lovers, and the pattern of love. He says the total effect of Donne's love poetry is kaleidoscopic. He suggests that it is baffling for a critic who comes to his love poetry with a particular notion of love in mind. Promiscuity, misogyny, hopeless adoration, intimate tenderness, bitter hate, platonic adoration, frivolous cynicism, brothel-lust, and monogamous devotion are the various patterns that are described as love in Donne's love poetry (Usmani 1974, 26). One can understand very easily that Indian take on Donne is at the most an appendix to the Western opinions because the parameters adopted by them are not Indian/indigenous.

# John Donne through the Lens of Indian Aesthetics

In the Western terms love is the manifestation of Eros, the Greek god of love and sex. His Roman counterpart was Cupid ("desire"). Eros refers to passionate love or romantic love. It is generally translated in Sanskrit as śṛṅgāra. The word śṛṅgāra is derived from the roots śṛ (to kill) 'śṛṅgārabhṛngārau' (Uṇādisūtra 423). The affixes arak, n and g are inserted and r is replaced. 'Sṛṇāti hiṃsatīti śṛṅgāraḥ' – 'śṛṅgāra' is so called because it kills and eliminates the personality of one who has its experience. So, the word śṛṅgāra gives a wider meaning than love. Śṛṅgāra is a mixture of union, love, sensuality and devotion (bhakti) all at once.

In Indian Poetics, the śṛṅgāra-rasa is generally described as the king among sentiments (rasraj). Indian Aestheticians of Rasa-School consider śrngāra to be the most prominent Sentiment or Rasa (Nātyashāstra 6/45; Dhvanyāloka 2/7, 3/38; Kāvyalankārsutra 14/38; Sāhityadarpaṇa 3/186). To recollect, for Bharata, Rasa is the product of the combination of the vibhāvas (determinants), anubhāvas (consequents) and the vyabhichāribhāvas (transitory feelings) (Nātyashāstra 6/4); Śrngāra is based on the sthāyibhāva (permanent dominant emotion) of rati (sexual love). All the sāttvikabhāvas (psycho-physical consequents) act as the physical expression of the emotion of love. All the transitory feelings except ālasya (indolence), ugratā (fierceness) and jugupsā (disgust) feed and nourish the erotic sentiment. Śringāra-rasa is divided into two types: samyoga-śrngāra and viyoga-śrngāra which are further sub-divided. For example, the former is divided into two types a. nāyakārabdha and b. nāyikārabdha while the second one is divided into the following five types: i) predisposition and curse (pūrvarāga and śāpa), ii) pride and jealousy (māna and īrṣyā), iii) journey (pravāsa), iv) separation (virahātmaka), v) grief (karunātmaka). And all these types of śringāra rasa are present in John Donne's poetry. So, through the lens of Indian Poetics one can see a wider aspect of Donne as a poet of love or śrngāra.

However, Dhananjaya classifies the śṛngāra-rasa into three kinds: āyoga, viprayoga and sambhoga or samyoga śṛngāra (love in union). The love in union and the love in separation are not the varieties or diversions of śṛngāra-rasa but its two states only. Even in the state of union of lovers, there may be the feeling of separation and in the state of separation there may prevail a hope of reunion. The śṛngāra-rasa is, therefore, characterized by the combination of both the states of union and separation. Its colour is syāma (light green) and its deity is Lord Vishnu. A different type of śṛngāra rasa is recognized by Rupa Goswami in his Bhakti Rasāmrit Sindhu which is known as Madhur Bhakti Rasa or śṛngāra madhurya rasa i.e. the rasa of intimate passionate love. It is also known as ujjwal rasa, suchi rasa, kānta rasa and śṛngāra rasa.

Nāyikas (Heroines) play a basic role in the depiction of śṛngāra rasa (erotic sentiment). According to various critics (Bharata, Dhananjaya, Coomarswamy) heroines are of three kinds according to their behaviour and response to love:

- a) Svakiya Nāyika (who is married and faithful to her husband, good in character and spends her time serving her hero passing through every circumstances sincerely).
- b) Parakiya Nāyika (who belongs to one person but has feelings for another), and c) Sāmānya Nāyika (who is free and attaches herself to anybody for self-betterment as well as for price with her charm).

Later the Nāyikas are further classified into two more varieties of the śṛngāra rasa according to the situation. Vāsakasajjikā, Svādhinbhārtrikā and Abhisārikā are associated with sambhoga śṛngāra rasa and virahotkanthitā, kalāhantaritā, khanditā, vipralabdhā, proshitpatrikā are associated with vipralambha śṛngāra rasa. And one can locate almost all the above-mentioned nāyikas in Donne's poetry; this helps in giving a wider dimension to his love poetry.

In English literature love is considered legitimate or illegitimate/ illicit and legitimate love is considered desirable while illegitimate/ illicit is undesirable. But in the context of rasānubhuti the issue of licit or illicit love is inconsequential. Here even the love of parakiya leads to moksha as the love of parakiya nāyika too generates śṛṇgāra rasa to the highest extent. So, in śṛṇgāra rasa whether it is the love by svakiya nāyika or parakiya nāyika both lead to moksha. For example, the love of Krishna and Radha. Radha was parakiya nāyika but still this love is never considered illicit and it leads towards the path of moksha. John Donne is a poet of love as Donne talks about both svakiya nāyika and parakiya nāyika in his poetry. He, therefore, can be understood best in the light of Indian Poetics. The first phase of Donne's poetry is generally devoted to parakiya nāyika; and then the later phase of his poetry is devoted to svakiya nāyika (i.e. his own wife, Anne More). Hence, Donne when viewed in the light of Indian poetics emerges as a poet of love who has not been appreciated by the Western critics in the same manner; a different kind of image of Donne as a love poet emerges.

The Erotic Sentiment in Separation (viyoga-śṛṅgāra): Consequents (anubhāvas) of this sentiment are indifference, languor, fear, jealousy (asūyā), fatigue, anxiety, yearning, drowsiness, sleep, dreaming, awakening, illness, insanity, epilepsy, inactivity, fainting, death, tifts (kāla), pride (māna), journey (pravāsa) and other conditions. When lovers are separated, they become worried and long for each other. This intense longing to meet each other becomes more acute in separation. Memories of the past play the role of exciting situations (uddīpana-vibhāvas). Detachment, tears, anxiety, jealousy, sleep, dream, awakening, disease, attachment, self-deprecation, doubt, fatigue, brooding, drowsiness, dreaming, fits, feelings of discouragement (nirveda), apprehension (śaṅkā), envy (asūyā), depression (dainya) and impatience (autsukya) etc. are the transitory feelings (vyabhicārībhāvas) of the pang of separation (viyoga-śṛṅgāra).

**Types:** Some critics have divided it as desire (abhilāṣa), separation (viraha), jealousy (asūyā), journey (pravāsa) and curse (śāpa). And other critics have divided it as pūrva-rāga, pride (māna), journey (pravāsa), virahātmaka and karuṇātmaka.

On this basis love sentiment in Donne's poetry can be classified into two major categories: the poems of samyoga-śṛṅgāra and those of viyoga-śṛṅgāra. Most of his songs and sonnets come under the category of saṁyoga śṛṅgāra, e.g. "The Sunne Rising" and "Loves Growth". And the Valediction poems along with the Elegies come under viyoga śṛṅgāra like "A Valediction: of my Name, in the Window".

# Samyoga Śṛṅgāra in Donne's "The Extasie":

"The Extasie" is one of the best poems of Donne written on the theme of śṛṅgāra as it contains all the elements of śṛṅgāra-rasa, i.e. causes (vibhāvas), consequents (anubhāvas) and the transitory feelings (vyabhicārībhāvas) as mentioned by Bharata. In "The Extasie" the first thing that strikes the reader is the open air setting which is the main uddīpana vibhāva as it helps to evoke the śṛṅgāra-rasa. The other uddīpana vibhāvas present in this poem are the swelled-up bank of a river with violets resting upon it and blooming:

Where, like a pillow on a bed,

A Pregnant banke swel'd up, to rest The violets reclining head,

Sat we two, one anothers best. (ll. 1-4)

As the description of nature help in exciting the situation and evoke śṛṅgāra-rasa they act as the uddīpana vibhāva. In this poem the persona and his beloved who are sitting side by side on the river bank act as the ālambana-vibhāva as they are the supporting causes of śṛṅgāra-rasa. They held each other's hands affectionately and tightly as if their hands were glued together. Each looked into the eyes of the other passionately. All this acts as the anubhāvas or the consequents of śṛṅgāra-rasa. The first few lines and stanzas of this poem are full of all the elements necessary for the evocation of śṛṅgāra-rasa.

Our hands were firmely cimented With a fast balme, which thence did spring, Our eye-beames twisted, and did thred Our eyes, upon one double string; So to' entergraft our hands, as yet Was all the meanes to make us one, And pictures in our eyes to get Was all our propagation. (ll. 5-12)

In "The Extasie", all the features of samyoga śṛṅgāra are found. Here the beloved is the abode of passion, beauty and love. In this poem the permanent dominant emotion (sthāyībhāva) is rati. The lovers (the persona and the beloved) are the object or (ālambana-vibhāva) i.e. the supporting causes of this sentiment. Beauty of the beloved, company of the beloved, bank of the river, violet flowers, seeing the beloved one, hearing his/her words, playing/dallying with the beloved, fragrance of the violet etc. act as the exciting situations (uddīpana vibhāva). Movement of the eyes and eyebrows, glances, soft and delicate movement of limbs, sweet words and similar other things, holding each other's hands tightly and closely act as the consequents (anubhāvas) and the transitory feeling (vyabhicārībhāvas) are the rashness, indolence and fright experienced by the lovers. Through the depiction of vibhāvas, anubhāvas and vyabhicārībhāvas, the love of the responsive readers is evoked, reinforced, manifested and generalised and it culminates in their experience of the śṛṅgāra rasa.

# Vipralambha / Viyoga Śṛṅgāra in Donne's "A Valediction: of Weeping":

This poem starts with the determination of the persona to go abroad. The separation on this count gives birth to viyoga and that is why both the lover and the beloved who are the

objects or ālambana weep and sigh as they experience the pain because of the rati present in them which is the sthāyībhāva. The poem reveals the intensity of emotions and passions of the lovers caused by the separation of the persona from his beloved. The poem is an expression of the intense misery which is caused by the parting.

Let me power forth

*My teares before thy face, whil'st I stay here, (ll. 1-2)* 

Fruits of much griefe they are, emblems of more,

When a teare falls, that thou falst which it bore,

*So thou and I are nothing then, when on a divers shore. (ll. 7-9)* 

The words spoken by the lovers under these painful circumstances are broken and abrupt due to the viyoga. The persona asks the beloved not to mourn and shed tears which act as the anubhāva, at the time of his departure as this is just a temporary separation and lamenting will only disturb the peace of mind of both of them staying at different places. The persona suggests to his beloved that lamenting and sighing will only increase their sorrow and frustration.

So doth each teare.

Which thee doth weare,

A globe, yea world by that impression grow,

Till thy teares mixt with mine doe overflow

This world, by waters sent from thee, my heaven dissolved so. (ll. 15-19)

The persona compares the tears to a globe and the tears shed by his wife will overflow the world. His tears combined with hers, will cause a deluge and much unhappiness. The persona says and feels that weeping at the time of separation is natural, but it has to be reduced to the minimum because it will destroy the peace of mind of both of them.

When the lovers are separated, they become worried and long for each other. (Nāṭyaśāstra) This intense longing to meet each other becomes more acute in viyoga. In this poem the dominant emotion (sthāyībhāva) is love (rati). Lovers are the objects (ālambana) of this sentiment. Memories of the beloved, and their past activities play the role of exciting situations (uddīpana-vibhāvas). The vyabhicārībhāvas present in this poem are indifference, languor, fear, jealousy (īrṣyā), fatigue, anxiety, yearning, drowsiness, awakening, illness, insanity, epilepsy, inactivity, death and other condition, detachment, tears, anxiety, jealousy, doubt, fatigue, brooding, drowsiness, fits, feelings of discouragement (nirveda), apprehension (śaṅkā), envy (asūyā), depression (dainya) and impatience (autsukya).

### Madhura-Bhakti-Rasa in "Since She Whom I Loved"

This poem is included as sonnet XVII under the Holy Sonnets: Divine Meditations. In this poem there is a definite link between human love and divine love. According to many mystics, sensual love leads to spiritual love; likewise, the persona feels that his wife is a channel between him and his god. Because, she is dead and her soul has gone to heaven, the narrator's whole heart is also turned to heaven. He finds no good in earthly things but he constantly dilates on god and his beloved. In this way the physical is linked up with the spiritual. It was through Anne that Donne found his god. But his thirst for divine love has not been quenched. He is like a patient suffering from dropsy. Such a patient has excess water in his body but still he suffers from intense

thirst. In the same way the persona has got enough divine love, but still he wants more love. In the last six lines of the poem, god is compared to a jealous lover and to a gallant husband, and the soul of the poet is compared to love sick maiden or wife. God woos the poet like a jealous lover. God cannot brook the idea that the poet should offer his love to saints and angels, though they are also holy beings. The sensuous relationship turns into the passion of divine relationship, passion which finds its equivalents in the sensual acts. In fact, god and the poet are woven into the threads of spirituality. Donne's mind proceeds from physical to spiritual love.

God is conceived as a lover and the poet's soul is considered his beloved. God is a passionate lover who loves his soul passionately on behalf of his wife. Like earthly lovers, god is a jealous lover. He is so jealous that he does not bear the love of saints, angels and other divine beings. He is always suspicious of others. He is afraid of the devil, the pleasures of the world, and sensuous enjoyment that may take possession of the poet's soul, and make him forget the divine being. He, the supreme wants to possess the whole being of the poet and cannot brook the least interference from any source, spiritual or secular. Thus, god's love for him is as intense and passionate as his own love for his wife, or her love for him. Since after death she lives with him, loving god will be the same as loving her. Therefore, the persona turns his mind wholly to heaven, forgetful of the world and all that is worldly.

Wholly in heavenly things my mind is set.

But though I have found thee, and thou my thirst hast fed,

A holy thirsty dropsy melts me yet.

But why should I beg more love, when as thou

Dost woo my soul; for hers offering all thine:

And dost not only fear lest I allow

My love to saints and angels, things divine,

But in thy tender jealousy dost doubt

*Lest the world, flesh yea, Devil put thee out. (Lines 1-9)* 

One of the remarkable things about the poem is the use of sensual imagery for describing holy love. The jealousy of god is not ordinary but tender because it is due to love. This sonnet is remarkable for the close bond between secular and spiritual love.

In the Holy Sonnet, Since she whom I loved, all the features of madhur-bhaktirasa are found. The sthāyibhāva in this poem is madhurya rati; and the lovers (the narrator and god) are the ālambana- vibhāva i.e. the supporting causes of this sentiment. Company of the beloved, seeing the beloved one, hearing his/her words etc. act as the uddipana vibhābhas. Exchanging glances and laughing act as the anubhāvas and vyabhicharibhāvas are everything else experienced by the lovers except alasya and ugrata. Through the depiction of causes, consequents and transitory feelings, the love of the responsive readers is evoked, reinforced, manifested and generalized and it culminates in their experience of the madhur-bhakti-rasa.

### "The Canonization": A Poem of Raudra Rasa

If "The Canonization" is studied in the light of Rasa Theory, it comes out that it is a poem of Raudra Rasa contempt and not of Śṛṅgāra, though most Western scholars consider it to be a poem of intense love. The person in the poem tries to justify his love affair. The poem is basically argumentative as it does not display any vibhāvas,

anubhāvas and the vyabhicārībhāvas leading to Śringāra. Rather, the persona uses religious terms to prove that his love affair is an elevated bond that approaches saintliness. The poem begins with a sort of contemptuous instruction: "hold your tongue" (l. 1) and a declaration like: "let me love". Contempt and love are two opposite emotions (shatru rasa) that cannot stay together and do not evoke the sentiment of Śrigāra. The second stanza begins by asking a few rhetorical questions. There are five question marks in the stanza. The answer to these questions refers to soldiers, wars, lawyers, litigious men, and quarrels. This construction of vibhava and sanchari bhava (background/ atmosphere) is not appropriate for the evocation of Śringāra. The third stanza of the poem begins with a sort of derisive rebuff of the people around. The image of "taper" is inappropriate (objective correlative to use T S Eliot's expression) as indicates the intensity of the emotion and does not hint at any kind of union. In the poem the persona is making love ("let me love") so it is a poem of samyoga śrngāra but the image of taper is appropriate for Viyoga Śringāra. Similarly, expressions like "phœnix riddle", "neutral thing", and "die and rise" do not go with the evocation of samyoga śṛṅgāra. Similarly, expressions like "die by it", "tombs and hearse", "well- wrought urn", "greatest ashes", and "half-acre tombs" in the fourth stanza of the poem do not help in evocation of samyoga śrngāra. Rather these expressions go with Viyoga Śrngāra. Even the images in the last stanza of the poem do not contribute to the evocation of samyoga śringāra. Hence, it can safely be declared that the poem is "an artistic failure". May I remind the readers that none of the Western readers has reached this conclusion? So, with the application of Indian aesthetic theories Western literature can be studied to arrive at a different logical conclusion.

### **Conclusions**

The evaluation of Donne's poetry from the perspective of Bharata's rasa-theory makes the reading highly interesting and illuminative. In the poetry of John Donne, the comic sentiment (hāsya-rasa), parental affection sentiment (vātsalya-rasa) and odious sentiment (bibhatasa-rasa) are not found at all while the erotic sentiment (śṛṇṣāra-rasa) and pathetic sentiment (karuṇa-rasa) are found in abundance. If Donne is taken as a poet of love as western tradition believes, then only three strains of love are taken care of as Grierson has mentioned. But if we treat him as a poet of śṛṇṣāra, so many varieties and sub-varieties of love could be seen in his poetry. From the available reviews of Donne's literature, it becomes clear that the Indian scholarship of John Donne is Indian only in its location. In my opinion, it is just a rehash of the western critics. The aping minds cannot be original minds. To conclude the entire discussion, it can safely be said that the decolonization of English Studies can be done by adopting indigenous tools. This way the hegemony of the British can be dismantled and Critical Thinking will be promoted.

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